

## **C- Scan Preparation Instructions**

1. Drink plenty of water the day of your exam.
2. NPO-No solid foods 8 to 10 hours before your exam. You may have a small amount of clear liquids up to an hour before your appointment is scheduled.

### C-SCAN ORAL CONTRAST

Drink 2 bottles 2 hours prior to appointment

Drink 1 bottle 1 hour prior to appointment

### **IMPORTANT:**

**If you are diabetic and are taking glucofage (Metformin) or Glucostat PLEASE inform the technologist at the time of your test.**

### **IMPORTANT**

If you are diabetic, have any history of renal insufficiency or over the age of 60, you must have BUN and Creatinine Labs. Advanced Radiology of Columbia can run these labs quickly on site if you have not already had them completed by a lab.

\*Do not drink contrast if your study is for any of the following:

- **Renal Calculi**
- **Renal Stones**
- **Appendix study: call the center 442-1788**

To be sure optimal results are obtained; follow the instructions of your physician, the schedulers at Advanced Radiology and the technologists. Take contrast as instructed. Wear comfortable clothes. If you are a female you may want to remove your bra and wear a comfortable sweat shirt. We can always have you change into a gown if necessary. Sometimes the wire in a bra can interfere with obtaining quality images.

Be sure to tell your doctor if you are pregnant. Like other X-ray examinations, ct scans should not be performed during pregnancy because of the exposure to radiation.

### **What Happens After the Examination?**

The radiologists will review your images in detail and dictate a highly specialized report of his findings. The report is sent to your referring physician the day of your exam.