

ADVANCED RADIOLOGY

Advanced Radiology of Columbia and Jefferson City are free-standing, outpatient radiology centers owned and managed by a group of local radiologists. We are dedicated to working closely with physicians to ensure that patients receive the best care in a timely and efficient manner.

Our radiologists and staff understand the importance of your scan results and guarantee that you will receive a copy of your report before you leave the facility.

This courtesy along with the state-of-the-art technology, board certified, sub-specialized radiologists and licensed, experienced staff ensures our promise to make your diagnostic experience the professional, personal and comfortable treatment you deserve.

ADVANCED RADIOLOGY



Advanced Radiology Columbia
311 North Keene Street
Columbia, Missouri 65201
Phone: 573-442-1788

Advanced Radiology Jefferson City
3218 West Edgewood
Jefferson City, Missouri 65109
Phone: 573-635-6262

Dexa**Strong**



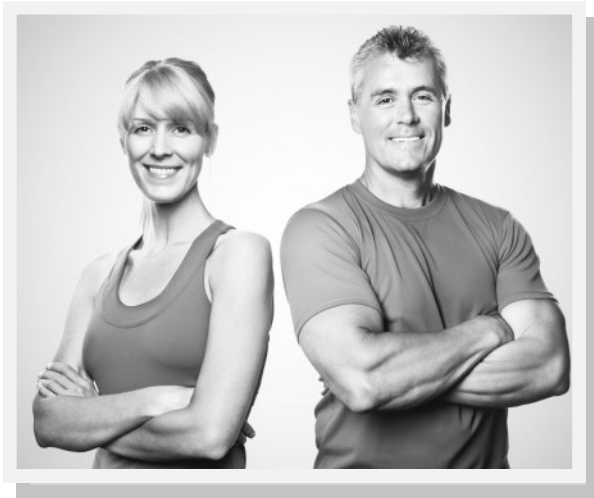
BODY COMPOSITION
Accurate Simple Powerful

Body Composition Analysis
\$50.00

Columbia
Jefferson City

DexaStrong

Body Composition



How DexaStrong Body Comp Helps You

Whether it's losing 30 pounds and a few inches from your waist, shaving 15 minutes off your triathlon time, or adding more lean muscle to look and feel great, DexaStrong body composition can help you achieve your unique health and fitness goals.

The information from body composition will help you or your trainer customize your training and diet to lose fat and build muscle.

DexaStrong body composition will help you visualize and pinpoint the exact impact of a new plan down to precise muscle gains and fat loss in specific areas of the body.

When Do I Repeat the Scan?

Since a body composition scan is reproducible any future scans will provide accurate fat and lean mass trending information. This is ideal for athletes or individuals in a weight management program who would like to gauge their progress or simply measure their body fat.

It is your option to repeat the scan three times a year. In order to gauge the success of your diet, exercise and training routine you may schedule another Dexa Strong scan three months after your initial body composition scan.

Our GE Dexa or dual-energy absorptiometry is the gold standard for measuring body composition.

Call and schedule your body composition scan "DexaStrong" today.

Columbia: 573-442-1788

Jefferson City: 573-635-6262

How do I prepare for the exam?

Prior to the exam

- Take all medications as prescribed
- You may eat foods that contain calcium

Day of Exam

- Wear workout clothes without any metal when you come in for your test
- Remove body piercings located below the neck, if possible
- Do not wear clothing with underwire bras, metal buttons, zippers, metallic paint or threads to avoid changing into a patient gown
- Patient gowns are available if you are wearing metal buttons etc., and you will be provided a comfortable dressing room in which to change

How is a DexaStrong Body Composition test done?

You will lie on your back on a padded table wearing your exercise clothes or a patient gown. The machine does all the work, moving slowly from the top of your head over your body to your toes. The machine is very open and does not feel "closed in." You will not be given any injections or medications for this test.
